



NAPTOSA Mpumalanga

VISIT OUR WEBSITE www.naptosa.org.za (Go to "Provincial" then "Mpumalanga")

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NEWS FLASH

TO THE NAPTOSA MPUMALANGA UNION REPRESENTATIVE

Please make this communication available to ALL NAPTOSA members at your school/college/office.

METROPOLITAN FINANCIAL WELLNESS PROGRAMME FOR NAPTOSA

Metropolitan is offering NAPTOSA members an opportunity to participate in the Mpower my financial wellness programme. The Mpower my financial wellness programme is free. It covers the entire financial wellness landscape. This programme is aimed at empowering NAPTOSA members with reducing debt, saving smartly, planning an education fund and, as importantly, enriching one's own golden years.

The Mpower programme has been divided into engaging and interactive activities for employees to learn about financial well-being and empowering right at your workplace. The activities can easily be incorporated in your current school year planner (sport day, staff wellness day, career day, parents meeting, youth day and national women's day celebrations).

The Mpower programme consist of the following modules that you can choose from:

1. **Mpower my today & tomorrow:** is a workshop that focuses on various key financial aspects to help manage today's debt and increase savings for tomorrow.
2. **Mpower my golden years:** is an interactive session wherein you can learn more about making your money live as long as they do.
3. **Mpower my life choices:** is an all savvy tool that is needed to make those important decisions in life - from buying a used a car to building or buying a new home.
4. **Mpower my future fitness:** is quiz and comedy show, sports activities and nurses to heal your financial woes, and is sure to communicate all the principles of financial well-being.
5. **Mpower your staff on site** : an onsite , dedicated and fully staffed Mpower Financial Wellness kiosk installed in a conveniently located area offering your employees :
 - Instant & regular access to certified advisers free financial planning;
 - Opportunity to gain financial freedom and stress- free retirement;
 - The chance to leave a legacy for their family.

School principals interested in taking up this opportunity should forward their request to Hayley Sheppard from Metropolitan on 084 503 3942 or alternatively send their request via email to Hayley.Sheppard@Metropolitan.co.za.

**SM KUNENE
CHIEF EXECUTIVE OFFICER**